

Local Community Providers and Resources

For life or death emergencies, call 911. Due to the current statewide “Stay Home” order, please call all agencies to see how to access their services instead of showing up to their facilities.

Crisis Services (Safe, Available and Non-Judgmental)

CALL/TEXT ANONYMOUSLY 24/7

- NATIONAL Suicide Prevention Lifeline **(800) 273-TALK (8255)**
- Crisis Text Line Text **HOME** to **741741**

Urgent Mental Health Care- due to the current situation PLEASE CALL BEFORE GOING THERE TO SEE HOW TO ACCESS THEIR SERVICES.

- San Bernardino County ACCESS and Referral Helpline (All Ages) (888) 743-1478, (909) 386-8256 or 711 for TTY - 24 hours a day/7 days a week.
- San Bernardino County Department of Behavioral Health (DBH) Crisis Walk-In Clinic (All Ages)– 850 E. Foothill Boulevard, Rialto 92376 (909) 421-9495 (Monday through Friday 8 am to 8pm; Saturday 8am-5pm)
- DBH Crisis Stabilization Unit (CSU)- Merrill Center (Ages 13+), 14677 Merrill Avenue, Fontana (909) 643-2340 (Open 24 hours a day, 7 days a week).
- Community Crisis Response Team (CCRT)- West Valley (909) 458-1517. Pager (909) 535-1316 Available from 7am to 10pm daily. *Pager Instructions: After the tone, enter the callback number and press # and the Crisis Response Team will return your call. (The pager does not accept voicemail.)

Local Community Mental Health Providers

- South Coast Community Services, 1425 West Foothill Boulevard, Suite 300, Upland, CA 91786 Phone: (909) 300-2500
- West End Family Counseling Services, 855 N. Euclid Avenue, Suite 3, Ontario, CA 91762 Phone: (909) 983-2020
- Mariposa Community Counseling, 2940 Inland Empire Boulevard, Ontario, CA 91764 Phone: (909) 458-1350

Local Assistance with Basic Needs (Food, etc.)

- Call/Dial 211 – available 24 hours a day/7 days a week. If you are outside the area or dialing 2-1-1 does not work at your place of business, you can always use (888) 435-7565 instead
- CONNECT IE – www.ConnectIE.org

Local Public Health Department

- 150 East Holt Boulevard, Ontario, Ca 91761 Phone: 1(800) 722-4777